



Psychological Counselling Centre

**FREE PSYCHOLOGICAL SUPPORT
FOR UW STUDENTS AND EMPLOYEES**

Psychological Counselling Centre of the University of Warsaw provides **confidential, free of charge short-term counselling and crisis intervention services** as well as evaluation of needs for academic support (eg. exam accommodations, additional leave of absence to achieve your academic opportunities) for all students and employees of the University of Warsaw.

Our center helps clients with **various difficulties** – eg. learning and workplace issues, interpersonal problems, adaptation and acculturation processes, effects of traumatic experiences, symptoms of anxiety and mood disorders or sleep disturbances. Our team respects **the principle of expert-client confidentiality** based on a code of professional ethics.

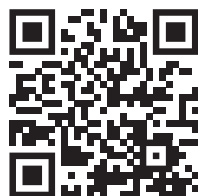
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TYPES OF HELP

- psychological counselling
- walk-in clinic (short crisis intervention, prior registration not required)
- group therapy and support groups
- psychological evaluation of needs for academic support
- online support
- psychoeducational trainings

YOU CAN MAKE AN APPOINTMENT

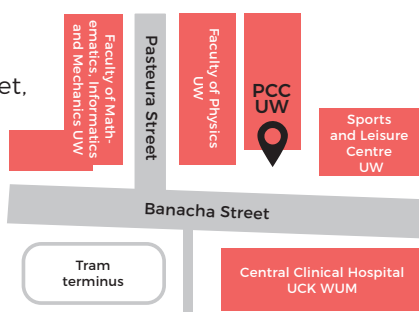
- via the registration form »»»
- via e-mail
cpp@psych.uw.edu.pl
- via phone 694 711 731
or in person
during office hours*



*Current office hours are available on the website:
www.cpp.uw.edu.pl/info-in-english

ADDRESS

ul. Pasteura 7
02-093 Warsaw
(entrance from
the Banacha street,
1st floor)



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